

Woodland Herbs Dispensary & Dried Herb List

At Woodland Herbs we try to stock a wide range of different herbs, focussing mainly on the European tradition of herbal medicine. Throughout the ages however there has been a large exchange of knowledge between cultures, regarding the use of herbs. Therefore herbs commonly used in Britain today originate from all four corners of the globe, from the common British dandelion, through the native American Echinacea, to the African Devils Claw.



We stock both dried herbs and herbal tinctures, and are happy to give advice on the use of medicinal herbs. In some circumstances however we may recommend talking to a qualified medical herbalist.

Many medicinal herbs are easily taken as a tea, made either as an infusion or as a decoction from the dried herbs. Our dried herbs are normally organic; however this is not always possible. Because of this (and the fact that the prices of herbs may change depending on their availability and the season) the prices overleaf should be used as a guide only. If you require your herbs to be organic then please indicate when ordering and we will confirm the organic status of each herb. If the herb you are looking for is not listed overleaf then please ask, we often have new herbs in stock. We offer a 15% discount when ordering 500grams or more of a single herb however this will be supplied in a large bag. We also stock approximately 200 herbal tinctures. You can order herbs online at www.woodlandherbs.co.uk or we offer a mail order service, please telephone for information, or to place an order. We accept all major credit cards.



Woodland Herbs Herbal Dispensary & Complementary Medicine Centre

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Price per 50grams A = £1.20 B=£1.60 C= £2.00 D=£2.40 E= £3.00 F=£4.00

CUSTOM BLEND C

Mixtures of Different Herbs

Note: Some expensive herbs may incur a surcharge

Agrimony <i>Agrimonia eupatoria</i>	C	Calamus Root <i>Acorus calamus</i>	C	Cornsilk <i>Zea mays</i>	C
Agnus Castus <i>Vitex agnus castus</i>	C	Californian Poppy <i>Eschscholzia californica</i>	D	Couchgrass <i>Agropyron repens</i>	C
Alfalfa <i>Medicago sativa</i>	C	Catnip <i>Nepeta cataria</i>	C	Cramp Bark <i>Viburnum opulus</i>	E
Angelica Leaf <i>Angelica archangelica</i>	D	Cascara <i>Rhamnus pushiana</i>	C	Damiana <i>Turnera diffusa</i>	C
Angelica Root <i>Angelica archangelica</i>	C	Cats Claw <i>Uncaria tomentosa</i>	C	Dandelion (leaf) <i>Taraxacum off. (fol)</i>	B
Aniseed <i>Pimpinella anisum</i>	C	Celery Seed <i>Apium graveolens</i>	C	Dandelion (root) (<i>Roasted</i>) <i>Taraxacum off. (rad)</i>	C D
Artichoke Leaf <i>Cynara scolymus</i>	C	Centaury <i>Erythraea centaurium</i>	C	Devils Claw (root) <i>Harpagophytum proc.</i>	C
Ashwaganda (<i>Powder</i>) <i>Withania somnifera</i>	D E	Chamomile (German) <i>Chamomilla recutita</i>	C	Dong Quai <i>Angelica sinensis</i>	E
<i>Astragalus</i> <i>Astragalus membranaceus</i>	D	Chamomile (Roman) <i>Chamaemelum nobile</i>	E	Echinacea Leaf <i>Echinacea purpurea</i>	D
Barberry <i>Berberis vulgaris</i>	C	Chickweed <i>Stellaria media</i>	C	Echinacea Root <i>Echinacea purpurea</i>	E
Barley Grass Powder	F	Chilli Powder	A	Elderflower <i>Sambuccus nigra</i>	D
Bayberry <i>Myrica cerifera</i>	F	Chrysanthemum <i>Chrysantheyum morif,</i>	D	Elecampane <i>Inula helenium</i>	C
Bilberry <i>Vaccinium myrtillus</i>	F	Chicory Root	C	Sheeps Sorrel Mix <i>Ask for details</i>	E
Birch <i>Betula alba</i>	C	Cinnamon Quills <i>Cinnamomum zeylan.</i>	C	Eucalyptus	C
Black Cohosh <i>Cimicifuga racemosa</i>	F	Cleavers <i>Galium aperine</i>	C	Eyebright <i>Euphrasia officinalis</i>	D
Bladderwrack <i>Fucus vesiculosus</i>	B	Coltsfoot Flowers <i>Tussilago farfara</i>	C	Fennel seed <i>Foeniculum vulgare</i>	C
Borage <i>Borago officinalis</i>	C	Coltsfoot Leaves <i>Tussilago farfara</i>	C	Fenugreek seed <i>Trig. foenum-grecum</i>	B
Buchu <i>Barosma betulina</i>	H	Comfrey (leaf) <i>Symphytum off. (fol)</i>	C		
Burdock Root <i>Arctium lappa (rad)</i>	C	Comfrey (root) <i>Symphytum off. (rad)</i>	C		

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Feverfew <i>Tanacetum parthen.</i>	D	Hyssop <i>Hyssopus officinalis</i>	C	Marshmallow (root) <i>Althea officinalis (rad)</i>	C
Frankincense <i>Boswellia thurifera</i>	E	Iceland Moss <i>Cetraria islandica</i>	D	Meadowsweet <i>Filipendula ulmaria</i>	C
Fumitory <i>Fumaria officinalis</i>	C	Jamaica Dogwood <i>Piscidia erythrina</i>	C	Melilot <i>Melilotus officinalis</i>	C
Gentian <i>Gentiana lutea</i>	D	Jasmine Flowers <i>Jasminum officinalis</i>	D	Milk Thistle Seed <i>Carduus marianus</i>	C
Ginger (Cut or Powder) <i>Zingiber officinale</i>	B	Juniper Berry <i>Juniperus communis</i>	C	Motherwort <i>Leonurus cardiaca</i>	C
Ginkgo <i>Ginkgo biloba</i>	C	Kelp (Powder) <i>Ascophyllum nodosum</i>	C	Mugwort <i>Artemisia vulgaris</i>	C
Goldenrod <i>Solidago virgaurea</i>	C	Korean Ginseng <i>Panax ginseng</i>	F	Mullein (leaf) <i>Verbascum thapsus</i>	C
Gotu Kola <i>Centella asiatica</i>	C	Ladies Mantle <i>Alchemilla vulgaris</i>	C	Mulled Wine Spices	
Gou qi zhi / Chinese Wolfberry <i>Lycium chinense</i>	D	Lavender <i>Lavandula angust.</i>	C	Myrrh <i>Commiphora molmol</i>	C
Ground Ivy <i>Glechoma hederacea</i>	C	Lemon Balm <i>Melissa officinalis</i>	C	Neem Leaf <i>Azadirachta indica</i>	C
Guarana <i>Paullinia cupana</i>	E	Lemon Verbena <i>Lippia citriodora</i>	E	Nettle <i>Urtica dioica</i>	A
Guaiacum	D	Lesser Periwinkle	C	Oak Bark <i>Quercus robur</i>	C
Gypsywort <i>Lycopus europaeus</i>	E	Limeflower <i>Tilia europea</i>	C	Oat Groats <i>Avena sativa</i>	80p per 100g
Hawthorn flowers <i>Crataegus oxycantha</i>	C	Linseed (Brown) <i>Linum usitatissimum</i>	80p per 100g	Oat Straw <i>Avena sativa</i>	C
Hawthorn Berry <i>Crataegus oxyacan.</i>	C	Liquorice (cut) <i>Glycyrrhiza glabra</i>	C	Olive Leaves <i>Olea euopaea</i>	C
Heartsease <i>Viola tricolor</i>	C	Liquorice Sticks <i>Glycyrrhiza glabra</i>	C	Orris Root (powder) <i>Iris florentina</i>	E
Hibiscus <i>Hibiscus sabdariffa</i>	C	Lovage	C	Pasque Flower <i>Anenome pulsatilla</i>	E
Hops <i>Humulus lupus</i>	D	Marigold(Flower/Petal) <i>Calendula officinalis</i>	C	Passion Flower <i>Passiflora incarnata</i>	D
Horse Chestnut <i>Aesculus hippocastum</i>	C	Marshmallow (herb) <i>Althea off. (herba)</i>	C	Pau D'Arco <i>Tabebuia impetig.</i>	C
Horsetail <i>Equisetum arvense</i>	C	Mate Tea <i>Ilex paraguariensis</i>	B	Pellitory of the Wall <i>Parietaria diffusa</i>	C

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Peppermint <i>Mentha piperita</i>	B	Saw Palmetto <i>Serenoa serrulata</i>	D	Vervain <i>Verbena officinalis</i>	C
Plantain <i>Plantago lanceolata</i>	C	Senna Pods / Leaf <i>Cassia angustifolia</i>	C	Violet Leaf <i>Viola odorata</i>	E
Psyllium Husk (powder) <i>Plantago psyllium</i>	C	Shatavari Powder <i>Asparagus racemosa</i>	D	Walnut Leaf <i>Junglans regia</i>	C
Quassia <i>Picrasma excelsa</i>	C	Siberian Ginseng <i>Eleutherococcus sent.</i>	C	Wheatgrass Powder <i>Triticum spp.</i>	F
Raspberry Leaf <i>Rubus idaeus</i>	C	Skullcap <i>Scutellaria lateri.</i>	F	White Dead Nettle <i>Lamium album</i>	C
Red Clover Flowers <i>Trifolium pratense</i>	C	Slippery Elm <i>Ulmus fulva</i>	E	White Horehound <i>Marrubium vulgare</i>	C
Reishi Mushroom Powder	F	Spirulina <i>Spirulina spp.</i>	F	White Willow <i>Salix alba</i>	C
Rhodiola <i>Rhodiola roseus</i>	D	Soapwort <i>Saponaria offi.</i>	C	Wild Carrot <i>Daucus carota</i>	D
Rhubarb <i>Rheum palmatum</i>	E	Spearmint <i>Mentha sativa</i>	B	Wild Cherry <i>Prunus serotina</i>	D
Rose Hips <i>Rosa canina</i>	B	Squaw Vine <i>Mitchella repens</i>	E	Wild Lettuce <i>Lactuca virosa</i>	C
Rose Hip Powder <i>Rosa canina</i>	B	Thuja <i>Thuja occidentalis</i>	C	Wild Yam <i>Dioscorea villosa</i>	D
Rose Petals <i>Rosa spp. (NotOrganic)</i>	C	Thyme <i>Thymus vulgaris</i>	B	Witch Hazel <i>Hamamelis virg.</i>	D
Rosemary <i>Rosmarinus officinalis</i>	A	Triphala / Trikatu	D	Wood Betony <i>Stachys betonica</i>	C
St Johns Wort <i>Hypericum perforatum</i>	C	Turmeric <i>Curcuma longa</i>	C	Wormwood <i>Artemisia absinth.</i>	C
Sage <i>Salvia officinalis</i>	B	Uva Ursi <i>Arctostaph. uva-ursi</i>	C	Yarrow <i>Achillea millefolium</i>	C
Sarsaparilla <i>Smilax officinalis</i>	D	Valerian <i>Valeriana officinalis</i>	C	Yellow Dock (root) <i>Rumex crispus</i>	D

The dispensary also stocks herbal tinctures, base creams, carrier oils, herbal infused oils, essential oils, floral waters, as well as empty bottles and jars. Below is a selection of the other products available.

Miscellaneous

Arabic Gum	E	Fullers Earth	B	Henna (Black)	B
Beeswax	D	Green Clay Internal	C	Henna (Neutral)	B
Cocoa Butter	£3/100g	Green Clay External	B	Henna (Red)	B
Coconut Oil	£2/ 100g	Bentonite Clay	B	Copal Resin	C

Disclaimer: The information in this leaflet is for information only. For a diagnosis and full herbal prescription we recommend that you consult a medical herbalist.