

## ***Woodland Herbs Tincture Price List***

At Woodland Herbs we try to stock a wide range of different herbs, focussing mainly on the European tradition of herbal medicine. Throughout the ages however there has been a large exchange of knowledge between cultures, regarding the use of herbs. Therefore herbs commonly used in Britain today originate from all four corners of the globe, from the common British dandelion, through the native American Echinacea, to the African Devils Claw.



We stock both dried herbs and herbal tinctures, and are happy to give advice on the use of medicinal herbs. In some circumstances however we may recommend talking to a qualified medical herbalist.

Many medicinal herbs are easily taken as a tincture. A tincture is normally a liquid extract of the herb using an alcohol and water mix. The strength of the tincture will be given as a ratio of the herb to the liquid (e.g. 1:3 meaning one part dried herb to 3 parts liquid, by weight) and the strength of the alcohol (e.g. 25% means 25% alcohol with the balance being water). Our tinctures are normally sourced from a supplier who manufactures to the BHP (British Herbal Pharmacopoeia) standards, although this can sometimes vary. If the herb you are looking for is not listed overleaf then please ask, we often have new herbs in stock. We also stock approximately 120 dried herbs.

You can order herbs online at [www.woodlandherbs.co.uk](http://www.woodlandherbs.co.uk) or we offer a mail order service, please telephone for information, or to place an order. We accept all major credit cards.



**Woodland Herbs Herbal Dispensary &  
Complementary Medicine Centre**  
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INDIVIDUAL HERBAL TINCTURES

Code	200ml	100ml	50ml	30ml
A	£6.60	£3.60	£2.30	£2.00
B	£6.90	£3.80	£2.40	£2.10
C	£7.20	£4.00	£2.50	£2.20
D	£8.30	£4.50	£2.70	£2.40
E	£9.80	£5.20	£3.10	£2.80
F	£22.00	£12.00	£7.00	£5.00

Tincture		Code	Typical Strength
Achillea millefolium	Yarrow	C	1:5 25%
Acorus calamus	Sweet Flag root	C	1:5 60%
Aesculus hippocastanum	Horse Chestnut		1:5 25%
	Sweet	C	
Agrimonia eupatoria	Agrimony	C	1:5 25%
Agropyron repens	Couchgrass	C	1:5 25%
Alchemilla arvensis	Parsley Piert	C	1:5 25%
Alchemilla vulgaris	Ladies Mantle	C	1:5 25%
Allium sativa	Garlic Juice		
Althaea officinalis fol	Marshmallow Leaf	C	1:5 25%
Althaea officinalis rad	Marshmallow Root	C	1:5 25%
Anemone pulsatilla	Pasque Flower	C	1:10 25%
Angelica archangelica	Angelica herb		1:5 45%
herba		C	
Angelica archangelica rad	Angelica root	C	1:5 45%
Angelica sinensis	Dong quai root	C	1:5 25%
Anthemis nobilis	Roman Chamomile	E	1:5 45%
Apium graveolens	Celery seed	C	1:4 90%
Arcostaphylos uva ursi	Uva Ursi /Bearberry	C	1:5 25%
Arctium lappa rad	Burdock root	C	1:5 25%
Artemisia abrotanum	Southernwood Herb	C	
Artemisia absinthium	Wormwood	C	1:5 45%
Artemisia vulgaris	Mugwort	C	1:10 45%
Astragalus membranaceus	Astragalus	C	1:5 25%
Avena sativa semen	Oat groats	B	1:5 25%
Baptisia tinctoria	Wild Indigo root	E	1:10 60%
Barosma betulina	Buchu leaf	E	1:5 60%
Berberis aquifolium	Oregon Grape root	D	1:5 25%
Berberis vulgaris	Barberry bark	C	1:5 25%
Betula alba	Birch leaf	C	1:5 25%
Borago officinalis	Borage/Starflower	C	1:4 25%
Calendula officinalis 25%	Marigold Flowers		
	25%	C	1:5 25%
Calendula officinalis 90%	Marigold Flowers		1:5 90%
	90%	C	
Capsella bursa pastoris	Shepherds Purse	C	1:5 25%
Carduus marianus	Milk Thistle	C	1:5 25%
Cassia angustifolia	Senna Pods	C	15 70%

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Caulophyllum thalictroides	Blue Cohosh Root	E	1:5 70%
Centella asiatica	Gotu Kola	C	1:5 25%
Centraria islandica	Iceland Moss	C	
Chionanthus virginicus	Fringetree	F	1:5 25%
Chondrus crispus	Irish Moss	C	1:5 25%
Cimicifuga racemosa	Black Cohosh	C	1:10 60%
Cinnamomum zeylanicum	Cinammon	C	1:5 45%
Collinsonia canadensis	Stone Root	D	1:3 45%
Commiphora molmol	Myrrh	C	1:5 90%
Crataegus oxyacanth. (f&f)	Hawthorn	C	1:5 25%
Curcuma longa	Turmeric	C	
Cynara scolymus	Artichoke	C	2:5 25%
Dioscorea villosa	Wild Yam root	D	1:5 25%
Echinacea angustifolia (rad)	Coneflower root	D	1:5 45%
Eleutherococcus senticosus	Siberian Ginseng	D	1:5 25%
Equisetum arvense	Horsetail	C	1:5 25%
Erythraea centaurium	Centaury	C	1:5 25%
Eschscholtzia californica	Californian Poppy	D	1:5 45%
Eupatorium perfoliatum	Boneset	D	1:5 25%
Eupatorium purpureum	Gravel root	E	1:5 25%
Euphrasia officinalis	Eyebright	C	1:5 25%
Filipendula ulmaria	Meadowsweet	C	1:5 25%
Foeniculum vulgare	Fennel seed	E	1:5 45%
Fucus vesiculosus	Bladderwrack/Kelp	C	1:5 25%
Fumaria officinalis	Fumitory	C	1:5 25%
Galega officinalis	Goats Rue	C	1:5 25%
Galium aperine	Cleavers	C	1:5 25%
Gentiana lutea	Gentian root	D	1:5 45%
Geranium maculatum (rad)	American Cranesbill	E	1:5 25%
Geum urbanum	Avens herb	C	1:5 25%
Ginkgo biloba	Ginkgo	C	1:5 25%
Glechoma hederacea	Ground Ivy	C	1:5 25%
Glycyrrhiza glabra	Liquorice	B	1:5 25%
Grindelia camporum	Grindelia	B	1:10 25%
Guaiaacum officinale	Lignum Vitae resin	C	1:5 90%
Gymnema sylvestre	Gurmar	E	1:5 25%
Hamamelis virginiana (fol)	Witch Hazel Leaf	C	1:5 25%
Harpagophytum procumbens	Devils Claw (root)	C	1:5 25%
Humulus lupulus	Hops	D	1:5 60%
Hydrangea arborescens	Hydrangea Root	D	
Hypericum perforatum	Saint Johns Wort	C	1:5 45%
Hyper-Cal	50% Hypericum 25% Calendula 25 25 Calendul 90	E	
Hyssopus officinalis	Hyssop	C	1:5 45%
Inula helenium	Elecampane	D	2:5 25%

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Iris versicolor	Blue Flag rhizome	C	1:5 25%
Junglans Nigra	Black Walnut Leaf	D	
	Black Walnut Hulls	D	
Lactuca virosa	Wild Lettuce	D	1:5 25%
Lamium album	White Dead Nettle	C	1:5 25%
Lavandula angustifolia	Lavender	E	1:5 45%
Leonurus cardiaca	Motherwort	C	1:5 25%
Lycium barbarensis	Gou Qi Zi, Wolfberry	D	1:4 25%
Lycopus virginicus	Bugleweed	D	1:5 25%
Marrubium vulgare	White Horehound	C	1:5 25%
Matricaria recutita	German Chamomile	C	1:5 45%
Medicago sativa	Alfalfa	C	1:5 25%
Melilotus officinalis	Melilot Herb	C	1:3 25%
Melissa officinalis	Lemon Balm	E	1:5 45%
Mentha piperita	Peppermint	E	1:5 45%
Mitchella repens	Partridge Berry	E	1:5 45%
Myrica cerifera	Bayberry Root bark	E	1:5 45%
Nepeta cataria	Catnip	C	1:5 25%
Paeonia lactiflora	Paeony	E	1:3 25%
Panax ginseng	Korean Ginseng	E	1:3 45%
Parietaria diffusa	Pellitory of the Wall	C	1:5 25%
Passiflora incarnata	Passion Flower	C	1:8 25%
Peumus boldo	Boldo	C	1:10 60%
Pimpinella anisum	Aniseed	E	1:5 45%
Piscidia erythrina	Jamaican Dogwood	C	1:5 30%
Plantago lanceolata	Plantain	C	1:5 25%
Polygonatum odoratum	Solomon's Seal	C	1:5 25%
Pulmonaria officinalis	Lungwort	C	1:5 25%
Quercus robur	Oak bark	C	1:5 25%
Ranunculus ficaria	Pilewort	C	1:5 25%
Rheum officiale	Rhubarb Root	C	1:5 25%
Rhodiola rosea	Rhodiola	E	
Rosa spp	Rose	E	1:2 33%
Rosmarinus officinalis	Rosemary	E	1:5 45%
Rubus idaeus	Raspberry leaf	C	1:5 25%
Rumex crispus	Yellow Dock (root)	C	1:5 25%
Salix alba	White Willow	C	1:5 25%
Salvia officinalis	Sage	C	1:5 45%
Sambucus nigra flos	Elderflower	C	1:5 25%
Schisandra chinensis	Schisandra	C	1:5 25%
Scrophularia nodosa	Scrophularia	C	
Scutellaria lateriflora	Skullcap	D	1:5 25%
Serenoa serrulata	Saw Palmetto berry	D	1:5 90%
Smilax sp.	Sarsaparilla	C	1:5 25%
Solidago virgaurea	Goldenrod	C	1:5 25%
Stachys betonica	Wood Betony	C	1:5 25%
Stellaria media	Chickweed	C	1:5 25%
Stillingia sylvatica	Queen's Delight	D	1:5 45%
Symphytum officinale fol	Comfrey (leaf)	C	1:10 25%
Tabebuia impetiginosa	Pau D'Arco	C	1:5 45%

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<b>Tincture</b>		<b>Code</b>	<b>Typical Strength</b>
Tanacetum parthenium	Feverfew	C	2:5 25%
Tanacetum vulgare	Tansy	C	1:5 45%
Taraxacum officinale fol	Dandelion (leaf)	C	1:5 25%
Taraxacum officinale rad	Dandelion (root)	C	1:5 25%
Thuja occidentalis	Tree of Life	C	1:10 60%
Thymus vulgaris	Thyme	C	1:5 45%
Tilia europea	Limeflower	D	1:5 25%
Trifolium pratense	Red Clover flowers	C	1:10 25%
Trillium erectum	Beth Root	D	1:5 45%
Turnera diffusa	Damiana	C	1:5 60%
Tussilago farfara	Coltsfoot	C	1:5 25%
Ulmus fulva	Slippery Elm	E	1:5 25%
Urtica dioica fol	Nettle	C	1:5 25%
Urtica dioica rad	Nettle root	C	1:5 25%
Vaccinium myrtillus	Bilberry	E	1:5 25%
Valeriana officinalis	Valerian	C	1:5 25%
Valeriana wallichii	Indian Valerian	C	1:3 45%
Verbascum thapsus	Mullein	C	1:5 25%
Verbena officinalis	Vervain	C	1:5 25%
Viburnum opulus	Cramp bark	E	1:5 25%
Viburnum prunifolium	Black Haw bark	D	1:5 25%
Vinca minor	Lesser Periwinkle	C	1:3 45%
Viola odorata	Sweet Violet Leaf	D	1:5 25%
Viola tricolor	Heartsease	C	1:5 25%
Vitex agnus castus	Chaste Tree	C	1:5 25%
Withania somniferum	Ashwaganda	C	1:3 45%
Zanthoxylum clava herculis	Prickly Ash bark	E	1:5 45%
Zea mays	Cornsilk	C	1:5 25%
<b>Fluid Extracts</b>			
Cimicifuga racemosa	Black Cohosh	F	1:1 60%
Echinacea angustifolia	Aechinacea	F	
Viburnum opulus	Cramp Bark	F	1:1 25%
Vitex agnus castus	Chaste Tree	F	1:1 45%

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